

1. Get organised – please get yourself a ring binder folder and a set of dividers for your psychology work. There are 6 areas to be covered at AS so you will need a divider for these:

- Social influence
- Memory
- Attachment
- Approaches (including biopsychology)
- Psychopathology
- Research methods

2. Get familiar with the online text book.

Go to: <https://illuminate.digital/aqapsych1/>

(Note: You will not be able to use the book on your phone as the screen size is not big enough).

Username: **SFORGE**

Password: **STUDENT**

- Familiarise yourself on how to use the book – p4-5
- Go to Page 104. Click on the W (weblinks) and follow the ‘what is psychology?’ link – watch the video (2.35 minutes).
- Read the double spread and look at the time line.
- Press the ‘E’ interactive button (extension) and click on the ‘interactive timeline’ link from the BPS.

Direct link: <http://origins.bps.org.uk/#>

This is a really interesting timeline. Look through it and write at least one side of A4 on your thoughts of how psychology has changed over time. Please use examples to support your point (from the timeline).

If you would like to, you could draw out a timeline to support the points you have made.

- Using the interactive LIFELINE (L) find definitions for the following terms. Try to use your own words.

Wundt & Introspection – Lifeline key terms

First lab	
Introspection	
Controlled	

Standardised	
Scientific	

The Emergence of psychology as a science – lifeline key terms

Introspection biased	
Watson and behaviourism	
Scientific: lab experiments	
Cognitive revolution	
Biological: use of imaging	

- f. Complete the 'Check it' questions at the bottom of page 105.
- g. Click on the P (practice) and choose one of the exam style questions to do.
(feel free to complete more than one if you want).

Finish this work by doing the quick quiz (Q) – 10 multiple choice questions. Note down your score for this quiz.

If you have any questions or would like more work, please contact Mrs

Cook: dcook@forgevalley.sheffield.sch.uk or Mrs

May: jmay13@forgevalley.sheffield.sch.uk