

FORGE VALLEY SCHOOL LUNCH MENU

Day	Week 1 W/C 6th Sep, 27th Sep, 18th Oct, 15th Nov, 6th Dec	Week 2 W/C 13th Sep, 4th Oct 1st Nov, 22nd Nov, 13th Dec	Week 3 W/C 20th Sep, 11th Oct, 8th Nov 29th Nov
'Meat-free' Monday	<p>Hot choice 1 - Cheese & tomato pinwheels, diced potatoes and peas/sweetcorn</p> <p>Hot choice 2 - Veggie chilli with rice & tortilla chips</p> <p>Hot snack Tomato pasta pot & garlic slice</p> <p>Chocolate sponge and chocolate sauce</p>	<p>Hot choice 1 - Macaroni cheese, peas, salad and garlic bread</p> <p>Hot choice 2 - Sweet and sour vegetables with noodles</p> <p>Hot snack Loaded cheese pizza</p> <p>Golden syrup sponge and custard</p>	<p>Hot choice 1 - Cheese flan, potato croquettes and beans/sweetcorn</p> <p>Hot choice 2 - Vegetable pasta bake, sweetcorn</p> <p>Hot snack Meat free chilli & rice pot</p> <p>Rainbow sponge and custard</p>
'Around the world' Tuesday	<p>Hot choice 1 - Pork meatballs in a tomato sauce & pasta</p> <p>Hot choice 2 - Quorn sausage pasta with mixed vegetables</p> <p>Hot snack Pepperoni pizza slice</p> <p>Banoffee muffin</p>	<p>Hot choice 1 - Beef lasagne, sweetcorn & carrots</p> <p>Hot choice 2 - Vegetable lasagne, sweetcorn & carrots</p> <p>Hot snack BBQ chicken wrap</p> <p>Blueberry muffin</p>	<p>Hot choice 1 - Chicken curry, rice, peas and mini naan</p> <p>Hot choice 2 - Quorn curry, rice, peas and mini naan</p> <p>Hot snack Cheese and tomato ciabatta</p> <p>Iced carrot and orange muffin</p>
'Midweek roast' Wednesday	<p>Hot choice 1 - Roast chicken, stuffing, Yorkshire pudding, mashed potatoes, broccoli, carrots and gravy</p> <p>Hot choice 2 - Quorn fillet, stuffing, Yorkshire pudding, mashed potatoes, broccoli, carrots and gravy</p> <p>Hot snack Beef bolognaise pasta pot</p> <p>Berry flapjack slice & custard</p>	<p>Hot choice 1 - Roast pork, stuffing, Yorkshire pudding, new potatoes, cauliflower, peas and gravy</p> <p>Hot choice 2 - Quorn fillet, stuffing, Yorkshire pudding, new potatoes, cauliflower, peas and gravy</p> <p>Hot snack Chicken curry and rice pot</p> <p>Lemon drizzle shortbread finger & custard</p>	<p>Hot choice 1 - Roast turkey, stuffing, Yorkshire pudding, roast potatoes, carrots, cauliflower and gravy</p> <p>Hot choice 2 - Quorn fillet, stuffing, Yorkshire pudding, roast potatoes, carrots, cauliflower and gravy</p> <p>Hot snack Tomato and vegetable pasta pot</p> <p>Chocolate orange brownie slice</p>
'School favourites' Thursday	<p>Hot choice 1 - Cottage pie, carrots, peas and gravy</p> <p>Hot choice 2 - Quorn nuggets, potato wedges and peas/beans</p> <p>Hot snack Chicken tikka wrap</p> <p>Cornflake tart and custard</p>	<p>Hot choice 1 - Southern fried chicken, potato smiles and beans/peas</p> <p>Hot choice 2 - Quorn burger, potato smiles and beans/peas</p> <p>Hot snack Pizza bagels</p> <p>Chocolate rice crispy bun</p>	<p>Hot choice 1 - Pork sausage & mash carrots & peas</p> <p>Hot choice 2 - Quorn sausage, mashed potatoes, carrots and peas</p> <p>Hot snack Sweet chilli chicken wraps</p> <p>Homemade cookie</p>
'Fish' Friday	<p>Hot choice 1 - Fish, chips and peas/beans</p> <p>Hot choice 2 - Vegetable fajita, chips and peas/beans</p> <p>Hot snack Chicken burger in a bread bun</p> <p>Frozen toffee yoghurt</p>	<p>Hot choice 1 - Fish fingers, chips and peas/beans</p> <p>Hot choice 2 - Vegetable fingers, chips and peas/beans</p> <p>Hot snack Jumbo hot dog</p> <p>Fruit jelly and vanilla ice cream</p>	<p>Hot choice 1 - Fish cake, chips and peas/beans</p> <p>Hot choice 2 - Quorn fillet, chips and peas/beans</p> <p>Hot snack Beef burger in a bread bun</p> <p>Strawberry ice cream tub</p>

Available daily:

Jacket potatoes and sandwiches with various fillings

Wide variety of desserts and drinks